	May	Activities Schedule								Paid Program K For Kids Inquiries > Stay Guests = Dial 9 / Visitor = 098-901-1111			
	SUNDAY	MONDAY			TUESDAY	WEDNESDAY	THURSDAY		FRIDAY			SATURDAY	
									16		17	:	18
								11am- 11:30am	Ladder ball(K)	11am- 11:30am	Monster Hunt!(K)	11am- 11:45am	Handmade Photo Frame(K)¥
								3:30pm- 4:15pm	"CHURA-UMI" Painting(K)¥	3:30pm- 4:15pm	Shisa lamp made from clay(K)¥	3:30pm- 4pm	Balloon Art(K)
										5pm-	Battle Rope Workout ¥	5pm-	Balance Ball Execise¥
										5:30pm	Intensity★★★	5:30pm	Intensity★
	19		20		21		22		23		24		25
10:00am- 10:45am	Garden YOGA¥ Intensity★	11am- 11:45am	Handmade Accessories(K)¥	11am- 11:30am	Molkky(K)	11am- 11:45am	Shisa lamp made from clay(K)¥	11am- 11:30am	Struck Out(K)	11am- 11:30am	Ladder ball(K)	11am- 11:30am	Treasure Hunt!(K)
11am- 11:30am	Shooting Game(K)	3:30pm- 4pm	Treasure Hunt!(K)	3:30pm- 4:15pm	"SHISA" Painting(K)¥	3:30pm- 4pm	Water balloon Fishing(K)	3:30pm- 4pm	"Fuwa fuwa" Game(K)	3:30pm- 4:15pm	"CHURA-UMI" Painting(K)¥	3:30pm- 4:15pm	Handmade Photo Frame(K)¥
3:30pm- 4pm	Cornhole (K)									5pm- 5:30pm	Martial Shape¥ Intensity★★	6pm- 6:45pm	Sunset YOGA¥ Intensity★
•	26		27		28		29		30	•	31	•	
10:30am- 11am	Battle Rope Workout¥ Intensity★★★	11am- 11:30am	Play with Soap Bubbles(K)	11am- 11:30am	Monster Hunt!(K)	11am- 11:30am	Ladder ball(K)	11am- 11:30am	Shooting Game(K)	11am- 11:45am	"SHISA" Painting(K)¥		
11am- 11:45am	Handmade Gel Candle(K)¥	3:30pm- 4:15pm	Shisa lamp made from clay(K)¥	3:30pm- 4:15pm	"Uchinaa" Craft(K)¥	3:30pm- 4:15pm	"CHURA-UMI" Painting(K)¥	3:30pm- 4:15pm	Handmade Gel Candle(K)¥	3:30pm- 4pm	Fishing Game(K)		
3:30pm- 4pm	Fishing Game(K)									6pm- 6:45pm	Sunset YOGA¥ Intensity★		

Reception: Indoor pool counter

"Fuwafuwa"Game

Shooting Game

—Shoot through the target with a water gun and get a gift! -Let's find the monsters hidden around the pool and in the grass!

Monster Hunt!

-Underwater Treasure Hunt - Look for eggs hidden in the pool or in the grass. You might find something inside the eggs...!? Treasure Hunt! Fishing Game

—Toy fishing game.

-Play ring toss game, and catch the flying disc toy! Aim for a high score!

-Players take turns throwing Morukku and knocking down skittles to add points.

 Add points by throwing beangbags at the holes! Cornhole Ladder ball

—Two balls connected by a string are thrown toward the ladder to score points.

<Paid Program> *Reservation priority. Please note that the number of participants may be limited depending on the congestion situation.

Handmade Accessories -Make your original accessories! You can select your favorite parts and put them into the small glass dome. Necklace or hair tie / 1,000JPY

Original Memories Magnet -Put your memories of beautiful ocean in magnet / 1,500JPY

-You can make your one and only photo frame with sea shells and some painting / 1,000JPY Handmade Photo Frame

-Paint "Whale shark", "Manta" or "SHISA" with your favorite colors. Whale shark, Manta 1,800JPY / SHISA pair 2,200JPY "CHURA-UMI" & "SHISA" Painting

 Mold the clay outo the lamp and create your own "Shisa". /1,800JPY Shisa lamp made from clay

-Gramineae plants are planted 'vetiver' around fields to prevent red soil from flowing into the sea. Try weaving these leaves to make wall decorations or bracelets! (¥ 500-) "Uchinaa" Craft

- Put decorative sand and objects in the glass container and make your own Gel candle! XIncluding 2glass objects or plastic objects.(¥1,800-) Handmade Gel Candle

<Notice> Children age under 18 must be accompanied by parental guardian. In case of bad weather, activities may be cancelld. We ask for your understanding. ☆Minimum number of participants: 2

Reservation required. : Guests 1,000JPY (Tax included) / Visitors 2,000JPY (Tax included)

: Cascade Pool - Poolside Counter <u>XPlease arrive 5 minutes before starting time.</u>

: Garden Area (beside Cascade Pool) Venue

Participants: Must be age 16 years or older. Reservation acceptance end time: Until 30 minutes before the program start time on the day.

-Stretches the muscles of the whole body in a well-balanced manner and leads to a relaxed state both physically and mentally.(30min) Relaxation stretch

Battle Rope Workout —Just hold the rope in each hand, and move it rhythmically up and down! (30min)

Martial Shape -Fitness program inspired by kickboxing and boxing.(30min) —The balance ball stimulates the inner muscles of the trunk and corrects the distortion of the body.(30min) Balance Ball Exercise

—Beginners are welcome. Relax with gentle yoga against the setting sun. (45min) Sunset YOGA

-By moving in a fun way, the function of the body improves, anyone can smile naturally, and refresh the mind and body.(45min) (*Minimum number of participants: 4) Fitness Camp

Kid's Swimming Classes(※Age:7to15years old. Participation capacity:3children.) —Beginner's Class To learn basic swimming skills. E.g. Flutter kick, Pushing off the wall etc...

-To help children improve their skills on 1 stroke(backstroke,freestyle,etc)contents vary depending on the day. Intermediate course

*Morning hour programs will be determined by 6pm of the day before. Afternoon and evening hour programs will be determined by 12pm that day.





