May

Activities Schedule

¥ Paid Program　K For Kids
＜Inquiries＞Stay Guests＝Dial 9 / Visitor＝098-901-1111

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	**2**	**3**	**4**
			11am-11:30am Ladder ball(K) 3:30pm-4:15pm "CHURA-UMI" Painting(K)¥	11am-11:30am Shooting Game(K) 3:30pm-4:15pm Handmade Gel Candle(K)¥	11am-11:45am "SHISA" Painting(K)¥ 3:30pm-4pm Beanbag toss game (K) 5pm-5:30pm Martial Shape¥ Intensity★★	11am-11:30am Water Flags(K) 3:30pm-4:15pm Handmade Photo Frame(K)¥ 5pm-5:30pm Battle Rope Workout¥ Intensity★★★
5	**6**	**7**	**8**	**9**	**10**	**11**
10am-10:30am Water target game(K) 11am-11:30am Battle Ship(K) 2:30pm-3pm Splash Swordplay(K) 3:30pm-4pm Hilton Mini game Stall(K) 4:15pm-4:45pm Family Yoga Intensity★	11am-11:30am Water Basketball(K) 3:30pm-4:15pm Original Magnet Making(K)¥	11am-11:30am Shooting Game(K) 3:30pm-4pm Play with Soap Bubbles(K)	11am-11:45am "Uchinaa" Craft(K)¥ 3:30pm-4pm Molkky(K)	11am-11:30am Super ball scoop(K) 3:30pm-4:15pm Handmade Accessories(K)¥	11am-11:45am Original Magnet Making(K)¥ 3:30pm-4pm "Fuwa fuwa" Game(K) 5pm-5:45pm Fitness Camp¥ Intensity★	11am-11:30am Monster Hunt!(K) 3:30pm-4pm Handmade Gel Candle(K)¥ 6pm-6:45pm Sunset YOGA¥ Intensity★
12	**13**	**14**	**15**			
10:30am-11am Battle Rope Workout¥ Intensity★★★ 11am-11:45am "SHISA" Painting(K)¥ 3:30pm-4pm Struck Out(K)	11am-11:30am Fishing Game(K) 3:30pm-4:15pm Handmade Photo Frame(K)¥	11am-11:30am Treasure Hunt!(K) 3:30pm-4:15pm Handmade Accessories(K)¥	11am-11:45am Original Magnet Making(K)¥ 3:30pm-4pm Cornhole (K)			

＜Kids Activity Details＞　※Please note that the number of participants may be limited depending on the congestion situation.　For paid programs, up to the first 3 groups
Reception：Indoor pool counter

＜Free Program＞　※No reservation required.

Shooting Game	－Shoot through the target with a water gun and get a gift!
Monster Hunt!	－Let's find the monsters hidden around the pool and in the grass!
Treasure Hunt!	－Underwater Treasure Hunt - Look for eggs hidden in the pool or in the grass. You might find something inside the eggs...!?
Fishing Game	－Toy fishing game.
"Fuwafuwa"Game	－Play ring toss game, and catch the flying disc toy! Aim for a high score!
Molkky	－Players take turns throwing Morukku and knocking down skittles to add points.
Cornhole	－ Add points by throwing beangbags at the holes!
Ladder ball	－Two balls connected by a string are thrown toward the ladder to score points.

＜Paid Program＞　※Reservation priority. Please note that the number of participants may be limited depending on the congestion situation.

Handmade Accessories	－Make your original accessories! You can select your favorite parts and put them into the small glass dome. ※Necklace or hair tie / 1,000JPY
Original Memories Magnet	－Put your memories of beautiful ocean in magnet / 1,500JPY
Handmade Photo Frame	－You can make your one and only photo frame with sea shells and some painting / 1,000JPY
"CHURA-UMI" & "SHISA" Painting	－Paint "Whale shark", "Manta" or "SHISA" with your favorite colors. Whale shark, Manta 1,800JPY / SHISA pair 2,200JPY
Shisa lamp made from clay	－ Mold the clay outo the lamp and create your own "Shisa". /1,800JPY
"Uchinaa" Craft	－Gramineae plants are planted 'vetiver' around fields to prevent red soil from flowing into the sea.Try weaving these leaves to make wall decorations or bracelets! (¥ 500-)
Handmade Gel Candle	－ Put decorative sand and objects in the glass container and make your own Gel candle! ※Including 2glass objects or plastic objects.(¥1,800-)

＜Notice＞　Children age under 18 must be accompanied by parental guardian.　In case of bad weather, activities may be cancelld. We ask for your understanding.

＜Wellness Program Details＞　※Reservation required.　※Minimum number of participants：2

Price　：Guests 1,000JPY (Tax included) / Visitors 2,000JPY (Tax included)
Reception　：Cascade Pool - Poolside Counter　※Please arrive 5 minutes before starting time.
Venue　：Garden Area (beside Cascade Pool)
Participants　：Must be age 16 years or older.
Reservation acceptance end time：Until 30 minutes before the program start time on the day.

Relaxation stretch	－Stretches the muscles of the whole body in a well-balanced manner and leads to a relaxed state both physically and mentally.(30min)
Battle Rope Workout	－Just hold the rope in each hand, and move it rhythmically up and down!(30min)
Martial Shape	－Fitness program inspired by kickboxing and boxing.(30min)
Balance Ball Exercise	－The balance ball stimulates the inner muscles of the trunk and corrects the distortion of the body.(30min)
Sunset YOGA	－Beginners are welcome. Relax with gentle yoga against the setting sun. (45min)
Fitness Camp	－By moving in a fun way, the function of the body improves, anyone can smile naturally, and refresh the mind and body.(45min)　**(※Minimum number of participants：4)**
Kid's Swimming Classes(※Age:7to15years old. Participation capacity:3children.)	－Beginner's Class　－To learn basic swimming skills. E.g. Flutter kick,Pushing off the wall etc... －Intermediate course　－To help children improve their skills on 1 stroke(backstroke,freestyle,etc)contents vary depending on the day.

＜Notice＞　There is a limit of capacity for each program. Prior reservations is recommended. Program schedule may changed or become cancel due to weather conditions.
※Morning hour programs will be determined by 6pm of the day before. Afternoon and evening hour programs will be determined by 12pm that day.

Inquiries：Please feel free to dial '9' from your room phone for any inquiries. Visitors＝098-901-1111

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